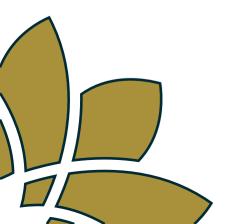
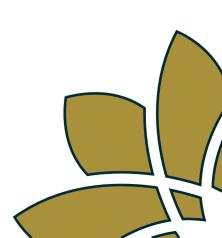


TREATMENT MENU









A WORLD OF WELLBEING AWAITS YOU

Allow our trained therapists to guide you on a journey of Wellness that will leave you feeling Revitalized, Rejuvenated and Renewed, Mind, Body, and Soul.

Our committed Team is dedicated to restoring Beauty and Balance through Individual and Personalized treatments and spa experiences.

To compliment the extensive variety of health and beauty treatments our Hair and Make-up, Barber Services and Nails will complete your "Head-to-Toe" transformation.

SPA OPERATING HOURS

DAILY 08H00 - 17H00

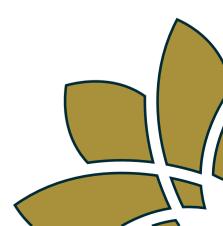
CANCELLATION POLICY

Therapists are dedicated to your treatment once the reservation is made and we require at least 24-hour notice should you wish to reschedule your treatment.

A 50% of the treatment value cancellation fee will be charged should you cancel.









BACK MASSAGE Relieves tension in the back, shoulders and neck.		K600 K650 K780 ones K160
SWEDISH MASSAGE Induces a state of relaxation and well being.	60 Mins 75 Mins 90 Mins	K 8 8 0 K 9 5 0 K 1 0 0 0
HOT STONE MASSAGE A massage stone therapy for the purpose of pain.	60 Mins 75 Mins 90 Mins	K 9 5 0 K 1 0 0 0 K 1 1 0 0
DEEP TISSUE MASSAGE A deep pressure massage to relieve tension and stress in the body, followed by a muscle relief gel to soothe tired muscles.	60 Mins 75 Mins 90 Mins	K 9 5 0 K 1 0 0 0 K 1 1 0 0
UKUCHINA Local treatment that involves a manual massage followed by firm but gentle pressing of hot towels soaked in hot water with eucalyptus on problemati areas to help relieve tension.	75 Mins	K1000
MAMA'S TOUCH MASSAGE	45 Mins	K 8 5 0
FUSION MASSAGE This relaxing experience is a massage for the entire back of the body, including the back of your legs and finishing off with the head and feet.	45 Mins	K 8 O O
FOOT MASSAGE With some reflexology pressure points	30 Mins	K 4 5 0

B O D Y T R E A T M E N T S

B Y E S S E N T I A L S

SUGAR BODY POLISH

30 Minutes K650

An effective body exfoliation to smooth stimulate and deeply condition the skin, while stimulating the senses.

COFFEE BODY WRAP

60 Minutes K1000

Re-energize with this revitalizing body wrap. A coffee espresso exfoliation prepares your skin for a simulating butter mint wrap. This treatment will leave you feeling fresh and awakened while improving circulation.

CIELA BODY RETREAT

90 Minutes KI800

Allow our therapist to awaken all five senses with a luscious pampering treatment for face and body. A full body buff leaves the skin satiny smooth which is followed by a skin-quenching body butter massage and a customized face treatment. You will feel relaxed, revived and rejuvenated with this head to toe pamper treatment.

ENZYME BODY WRAP

60 Minutes KI000

A deep exfoliation with essential oils and a sugar scrub prepares your skin for the brighteningwrap where the star ingredient is baobab. The benefits of its natural high content of vitamin C will aid in brightening uneven skin tone, improving firmness and repairing sun damage.

VICHY SHOWERS ADD ON TO ANY BODY TREATMENT

K 2 5 0

Melt away stress as the gentle, warm waters of the Vichy shower rain over your body creating a luxurious, healthful, and deeply relaxing sensation.

B O D Y T R E A T M E N T S

B Y S P A L I C I O U S



SELF HEATING BODY BUFF

A luxurious and intensive 30 minute full body scrub using our award winning Mandarin & Sandalwood Self Heating Sugar Scrub. As the creamy scrub comes into contact with your skin you will feel a relaxing warming sensation which is further enhanced by adding a little water which will deliver another burst of soothing heat. With this treatment your skin will be regenerated and re-mineralized with the increase in blood circulation and removal of dead skin cells.

DETOXIFYING BACK TREATMENT

45 Minutes K800

30 Minutes K650

A lifesaving back treatment with a touch of real luxury. The treatment begins with a Mandarin & Sandalwood Self Heating Sugar Scrub that removes dead skin cells and re-mineralizes your skin. One of your three kaolin creamy masks will be applied to the back and left to detox for any breakouts on your back as well as remineralise and hydrate an area often neglected. Whilst the mask is at work you will then receive a heavenly back of leg massage followed by a relaxing back massage, ending off with the Mandarin & Sandalwood Dry Body Spritz to nourish your skin.

BODY COCOONING BODY BLITZ

60 Minutes K1000

A full body treatment personalized according to your needs, whether you want to destress and revive sore and tired muscles with an Cooling Peppermint Body Wrap, or improve collagen in the skin and remineralize your body with a Firming Chocolate Wrap, or Detox with our Heating Sandalwood and Mandarin Wrap improving Blood Circulation.

CELLULITE TREATMENT

60 Minutes K1100

Spalicious Cellulite treatment was developed after 5 years of intensive research and development on finding a solution to managing cellulite. It works in three steps. Exfoliate, Massage and Contour Cream with active ingredients that firm the skin by 57% and activate lipolysis in the skin.

B O D Y T R E A T M E N T S

B Y S P A L I C I O U S



BODY SCULPTING TREATMENT

An intense body Treatment, that helps to improve blood circulation and improves collagen production by firming and toning the skin. The heat from the Body Scrub and Cellulite Melting Gel and the Cooling from the Vichy showers helps in loosing centimetres.

MAMA'S BUM AND BELLY PREGNANCY WRAP

60 Minutes K1050

60 Minutes K1300

A very special peel off wrap enriched with spirulina with a high protein content to protect the skin elastin and collagen and ginkgo biloba to soothe and protect the skin. Feel light and toned with the cooling effect of the menthol leaving your belly and bum refreshed. No mess or fuss with this easy to apply gel wrap that sets in 15 minutes and peels off easily leaving no trace, revealing a subtle fragrance of pink grapefruit.

THE CIELA BODY ESCAPE

2 Hours K2200

Feel ON TOP OF THE WORLD with this 2 hour treatment. Especially recommended for highly stressed individuals in need of intense regeneration and recharging. Together with your qualified therapist a treatment plan tailored to your needs will be delivered. We start with vigorous full body exfoliation that will re-mineralize and increase blood circulation followed by a body cocoon wrap that best suits your specific needs and we end off with a one hour full body massage that leaves you recharged and rejuvenated.

FACIAL TREATMENTS

Born out of a love for Africa.

Essential contains a

powerhouse of plant-based

oils and extracts from

African species that have

adapted to cope with the

harshest conditions on the

planet, thus helping your

skin do the same



FACIALS BY ESSENTIALS

RADIANT EXPRESS FACIAL

30 Minutes K650

A great way to brighten your skin in a hurry! The mini version of our signature facial includes cleansing, ex-foliating, mask and moisturizer. This facial is designed to leave you feeling invigorated and ready to face the world.

TEEN FACIAL

60 Minutes K750

Created with teen complexion needs in mind - our teen facial can help with persisting skin troubles common in teenagers and will also prevent them before the problem starts. This facial uses product formulated with ingredients that are perfect to energize skin.

ESSENTIAL ORGANIC FACIAL

60 Minutes K900

This facial is customized for your skins needs, whether you are looking for a deep cleanse, intense hydration of an anti-ageing facial. This facial benefits all skin types and ages, natural ingredients such as Rooibos, Mongongo and Kigelia and in replenishing the skin, and restoring balance, leaving the skin nourished and rejuvenated.

FACIALS BY SIX

ENERGISING EXPRESS FACIAL

30 Minutes K750

An efficient express treatment that will be tailored to your specific needs. This is a great booster treatment or mini deep cleanse to add with other treatments and will rejuvenate, revitalise and refresh the skin.

FACIAL TREATMENTS

Whether your desire is to maintain vibrant, young and healthy skin or you wish to restore and rejuvenate ageing and dry skin, SIX Skin Treatments can help you achieve beautiful, healthy skin.



DOUBLE EXFOLIATING DEEP CLEANSE FACIAL

45 Minutes K980

This treatment will couple an Energising express skin treatment with a choice of 3 spa rituals to provide a truly indulgent experience. Choose from a back, foot or head Indian massage ritual.

REVIVING SKIN GLOW FACIAL

60 Minutes K1100

This classic facial treatment will provide you with a unique sensorial experience as well as a thorough anti-aging treatment. It restores the natural luminosity to your complexion and revitalizes tired, dull skin whilst smoothing out expression lines and wrinkles using professional massage and extraction techniques coupled with the advanced firming and rejuvenating ingredients to aid in nourishment, protection and maintenance of your skin and to stimulate production of collagen and elastin.

INTELLIGENT ANTI-AGEING FACIAL WITH A BACK MASSAGE

90 Minutes K1600

For the ultimate in relaxation and pampering experience this treatment combines an indulgent hot oil back massage and herbal compress treatment with a rejuvenating, revitalising facial that includes a double exfoliation, hand treatment and a heavenly signature facial massage.

WRINKLE SMOOTHING & INSTANT FIRMING EYE TREATMENT - ADD ON

15 Minutes K250

A skin enhancer that adds no additional treatment time to your facial. This luxurious anti-ageing eye treatment firms, smoothes fine lines, reduces puffiness, tones and hydrates the delicate eye area, giving your eyes that shine like diamonds.





REVEAL SKIN PEEL

60 Minutes K1500

The only super intensive Alpha hydroxyl acid peel facial that still delivers the unique SIX sensorial experience with our relaxing warming and lifting massage. Instant results with refiend pores, smoothed lines, clearer and more even complexion and super glowing and radiant skin. This treatment is best suited for any skin type with turbo charged cell turnover.

AZELIAC SKIN PEEL

60 Minutes K1500

A lighter peel for the more sensitive clients, that still delivers the uniqueSIX sensorial experience, leaving the skin with a radiant glow.

DERMAPLAINING TREATMENT

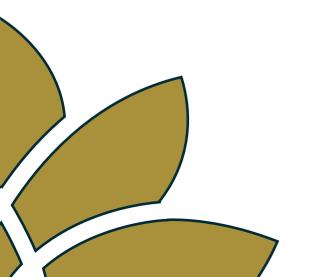
75 Minutes K1200

An Effective and safe exfoliation procedure making use of a specially designed 10R scalpel to remove the surface of the skin which removes excess dead skin and vellus hair. It creates a deeper product penetration boosting the effects of the ingredients, this is followed by a Facial making the skin look and feel smoother. A lighter peel for the more sensitive clients, that still delivers the unique SIX sensorial experience, leaving the skin with a radiant glow.

ADD ON DERMAPLAINING TO ANY TREATMENT

K350

M E N G R O O M I N G



SIX MAN ON THE MOVE

30 Minutes K650

This treatment will combine an express men's specific facial with a choice of 3 spa rituals to provide a truly rejuvenating 30 minute experience. Choose from a back massage, foot ritual or indian head massage ritual.

SIX MAN ENERGISING FACIAL

60 Minutes K1050

Just the tonic for tired looking skin, a SIX MAN facial provides deep cleansing and hydration while helping to reduce fine lines and wrinkles. A thorough exfoliation will remove dull, dead skin cells and energise and invigorate the skin. With specific massage techniques the skin is left toned, refreshed and supple. A deeply relaxing scalp massage is performed whilst an exceptional mask is applied and left to set on the skin.

SIX MAN FIRST-CLASS TREATMENT

90 Minutes K1600

Renowned as our 'Hero' treatment; this SIX MAN experience delivers triple results by targeting three key areas – the back, the face and the scalp, making it the ideal treatment. Starts with a specialised back massage using unique movements to relieve tension followed by an energizing facial with an outstanding Indian head massage ritual.

MENS HAND GROOMING MENS FEET GROOMING

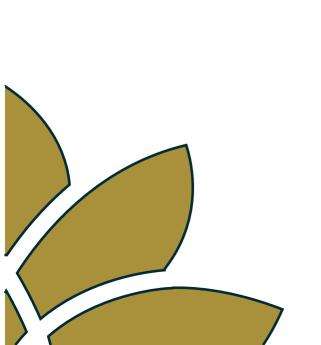
45 Minutes K300

45 Minutes K420

We also offer men's waxing.

Please enquire at reception or see waxing offers.

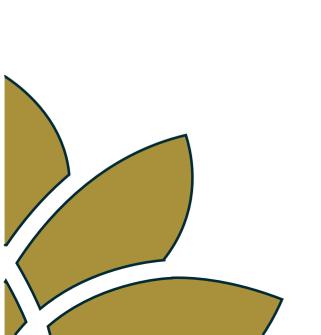




MANICURE AND POLISH Nail care, scrub and massage, paint.	45 Minutes K400
SPA MANICURE Nail care, scrub and massage, mask and paint.	60 Minutes K450
PEDICURE AND POLISH Nail care, scrub and massage, paint.	60 Minutes K550
SPA PEDICURE Nail care, scrub and massage, mask and paint.	75 Minutes K600
FOOT PEEL TREATMENT A foot treatment directed at regaining foot health.	K320

GEL ADD ON	K 2 0 0	POLY GEL SET with overlay	K 6 2 0
GEL REMOVAL	K180	POLY GEL FILL	K 3 O O
FILE AND GEL POLISH	K 3 O O	IBX NAIL TREATMENT	K 2 5 0
FILE AND PAINT	K 2 5 0	ACRYLIC SET with overlay	K 6 2 0
GELISH DIP ADD ON with overlay	K 2 5 0	ACRYLIC FILL	K 3 O O
GELISH SOFT TIP	K 6 O O	ACRYLIC NAIL REPAIR	K100
GELISH FILL	K300	ACRYLIC SOAK OFF	K 2 O O





BIKINI	K300	HALF LEG	K200	FULL FACE	K280
BRAZILIAN	K460	FULL LEG	K400	SIDES OF THE FACE	K200
HOLLYWOOD	K580	STOMACH	K250	BROW	K150
UNDERARMS	K180	CHEST	K250	LIP	K150
HALF ARM	K230	BACK	K400	CHIN	K120
FULL ARM	K320				

VAJACIAL 30 Minutes K450

A vajacial treats ingrown hairs, removes dead skin cells, smooths bumps around the bikini line, helps with hyperpigmentation, all to maintain healthy and hydrated skin.

TINTING		LASHES	
LASH	K150	lash extensions classic	K700
LASH AND BROW	K280	lash extensions volume	K800
BROW	K150	LASH FILL 2 WEEKS	K400
		LASH FILL 3 WEEKS	K500
		LASH REMOVAL	K250

MAKE UP

EVENING K350
ADD FULL LASH SET K100
BRIDAL K400

We offer a bridal package for Hair and Make up, enquire at reception



Soak, Massage, Nail care and Polish.	20 Minutes K350
MAGICAL PEDI Soak, Massage, Nail care and Polish.	20 Minutes K350
MAGICAL MANI AND PEDI Soak, Massage, Nail care and Polish.	40 Minutes K650
LITTLE PRINCESS MASSAGE Back, Neck & Shoulders, Back of Legs and Arms.	20 Minutes K400
LITTLE PRINCE MASSAGE Back, Neck & Shoulders, Back of Legs and Arms.	20 Minutes K400
ROYAL HEAD AND FOOT MASSAGE	20 Minutes K250
LITTLE DUCHESS/LITTLE DUKE FACIAL	20 Minutes K400
KIDS HAIR CUT	20 Minutes K200
QUEEN'S BLOWOUT/KING'S HAIRSTYLE	20 Minutes K180
	20 M: 1/000 DD

20 Minutos V250

PAMPER PARTY 30 Minutes K900PP

Little Princess or Prince Massage Little Duchess or Duke Facial Queens Blowout or Kings Hairstyle And a milkshake

MACICAL MINI MANI

CHILDREN MUST BE ACCOMPANIED BY AN ADULT AT ALL TIMES. AN INDEMNITY IS REQUIRED TO BE SIGNED FOR EACH CHILD.